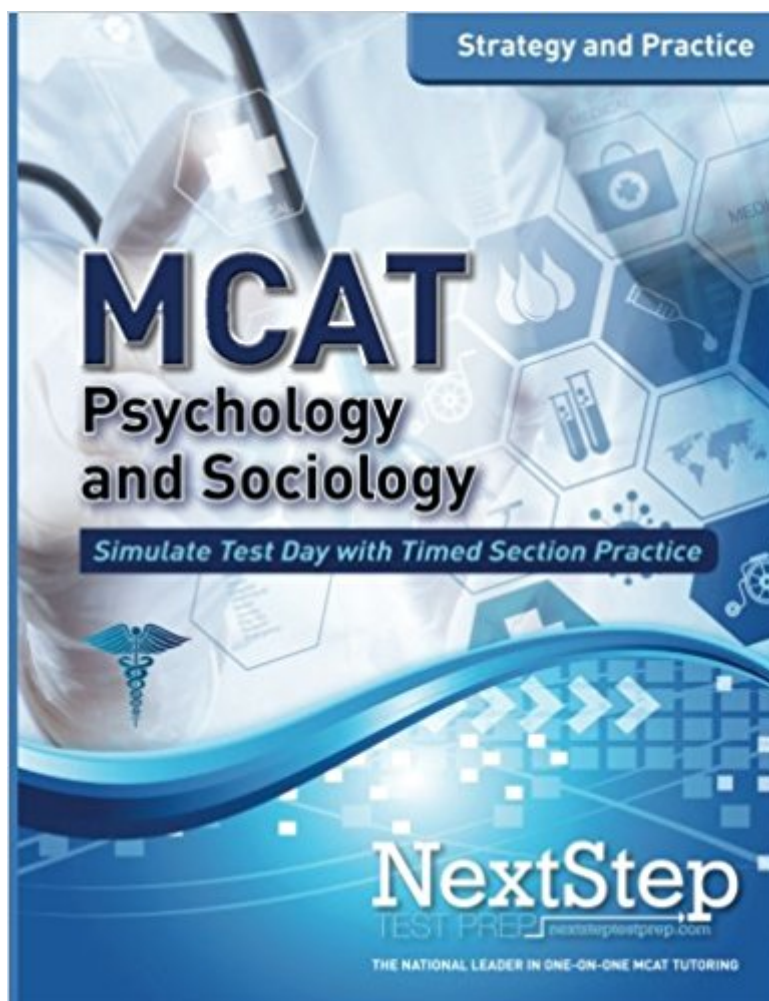


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# MCAT Psychology And Sociology: Strategy And Practice



## Synopsis

Revised for 2016! All of Next Step's books have gotten a full review and update. More Free Stuff!: We are now offering a free full-length exam in addition to the free diagnostic test described below. See the book insert for instructions on how to register for this free additional full length exam. Get the most realistic practice available for the MCAT's Psychological, Social, and Biological Foundations of Behavior section. Next Step's Strategy and Practice books give you a focused review of several different approaches to MCAT problems, and then offer the single most important resource an MCAT student needs: full timed section practice. Test your skills by completing practice sections and then build upon them with the most thorough explanations available in any MCAT prep book. Unlike most other books (that simply give you an answer key and maybe a short description of the right answer), all of Next Step's Strategy and Practice books show you how to do a thorough breakdown of the passage itself and then follow that up with a careful analysis of the question and every answer choice. Those who purchase a Next Step book also get free access to our online MCAT diagnostic test. See the URL at the front of the book for instructions on how to register. Finally, you can always check for free updates and free upgrades to our books here: <http://nextstestprep.com/mcat-materials-change-log/>

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## Customer Reviews

Bryan Schnedeker is Next Step's National Academic Director. He has been teaching and tutoring for

over a decade, and personally scored a 44 on the old MCAT and a 525 on the new one. He has helped thousands of students succeed on their tests, and specializes in working with students looking to achieve elite scores on their tests. To get more information about tutoring with Bryan, contact Next Step at 888-530-NEXT.

This book provided vital insight into the new section of the MCAT. I recently took the AAMC's 2015 MCAT practice test and was a bit thrown by the new psych section. After reading through this book and going through practice problems I definitely feel more confident with the content and strategy that the new section will test. Now to just wait until more full length MCAT 2015 practice tests appear....

Since psy and social are relative new to MCAT, I don't have other review books I can compare. It seems easy to follow. I will be able to tell if it really helps when I have my score back.

I absolutely loved their verbal book and this was the only other book of theirs that I saw out. It's not as good as the verbal book but is still filled a TON of great practice. I wish these guys had made books for the old MCAT b/c I bet I wouldn't be stuck re-taking the new version of the exam. Highly recommend.

Now I am really starting to think that most of the positive reviews for NextStep material are fake. Let me put it in the most simplest of terms. You're paying an insane price for 40 passages (240 questions in total). I was so disappointed when I received this book. 1/5 of the book is just a bunch of garbage explaining the layout of the PS section of the new MCAT. Another 1/5 of the book consists of empty pages. Lastly, another 1/5 of the book is just a glossary and a bunch of blank pages for you to "write notes". This is a joke of a book and I would never purchase again from this company. For the ridiculous price, I would have just purchased another full-length exam. Think about it: the same price can get you a decent full-length exam that would have the same amount of questions while also simulating test conditions. If all of the other "strategy and practice" books are the same as this, they must be equally garbage. It's a shame I couldn't go to the bookstore and flip through this before purchasing. I would never have purchased it if I knew beforehand.

With such a paucity of reliable MCAT 2015 materials on the market, it's a relief to find a book on this newest of MCAT sections that provides succinct and helpful reference info. This book also provides

a road map for self study and even access to a free 2015 MCAT practice test. A great value!

This book is exactly what I needed to help prepare myself for the MCAT2015's Psychology and Sociology sections. There is such a dearth of materials out there for the new test, and one of the best things about this book is the sheer volume of practice questions and passages it offers -- very few books out there offer that because test prep companies are still trying to figure out what the new MCAT will be like. NextStep has taken the initiative to do the research and work to stand out as one of the first companies to begin offering actual questions that can help the MCAT2015 student get in the mentality necessary to excel in the social science section of the new test. As someone who previously took the old test, where there was a psychology trial section at the end, I can attest that these questions read quite similarly to the ones that the AAMC was testing out during my trial section. It shows that NextStep has really done their research to make sure that their questions simulate the test as closely as they can.

This is a wonderful resource for the new psychology and sociology section. I was really looking for a book with more practice questions and passages since there currently are not that many resources released for the new exam. What I find most helpful is the fact that the explanations also underline and highlight key concepts that I should pay attention to when I am going through the passage myself and to practice identifying what words/phrases I should use the highlighting tool for. Additionally, there is a section in the back of the book for me to fill in the self-study outline. I think this is a great way for me to consolidate all my notes in one easily structured manner so that when I review the content in the future, all of the definitions and examples of the main concepts are in one centralized area. One of the hardest parts of this new section is understanding what points I should know, and this outline highlights those main theories for me to focus my studying.

Another really great study resource that provides several different ways to approach a passage which is great because it means I can be confident that the strategy I'm using really is the best strategy out there for me. I bought the other Nextstep book too, and that's still my favorite thing about their approach. Similar reasons for liking this resource:- Huge amounts of practice. A wealth of passages, strategy coaching, and quality explanations for why answer choices are correct or not correct.- Simple and direct language. I feel like this text goes directly at the strategy for a passage and shines a laser beam on what's important and ultimately, what can be learned from a single passage that will be useful on every passage I encounter in the future. That's really really

excellent. However, I wish this text covered more of the content. Psychology and Sociology is a totally new section on the MCAT, and while it's cool that there's a blank glossary in the back for us to fill in, I'm not sure how in-depth I should go on those topics or what I should really focus on. As a bio major who took essentially one psych course in college, I personally would need more instructive material in this book for it to be my only Psych&Soc prep book on the MCAT, but I'm definitely going to keep it around as a strategy and practice bank. And seeing as that's right in the title, it was probably their intent for it to be a really effective and intelligent drill machine in the first place.

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